



WORK ABROAD NETWORK CORPORATION

INFORMATION BROCHURE

ABOUT US

Work Abroad Network Corporation connects international workers with U.S. agricultural employers through the **H-2A visa program**.

We provide a professional, compliant, and transparent recruitment service, ensuring both employers and workers clearly understand expectations from the outset. Our focus is on building long-term, trusted relationships that lead to successful placements.

WHAT WE DO

We manage the full recruitment and placement process, including:

- Identifying and screening qualified candidates
- Coordinating employer selection and interviews
- Facilitating the H-2A visa process
- Assisting with travel planning and onboarding

We work directly with:

- U.S. State Workforce Agencies
- U.S. Department of Labor (DOL)
- U.S. Citizenship and Immigration Services (USCIS)

Note: We are not attorneys. We are experienced H-2A recruitment specialists.

QUALIFYING CRITERIA

Applicants must:

- Submit a complete application
- Hold a valid passport
- Be willing and able to complete the full work contract
- Be physically and mentally fit for agricultural work
- Be able to cover upfront costs (reimbursed according to program rules)
- Be available to start on short notice

H-2A VISA OVERVIEW

The H-2A visa is a **non-immigrant seasonal agricultural visa** that allows foreign workers to work legally in the United States.

Key terms:

- Valid for up to **10 months** (based on employer need)
- You may only work for the **approved employer listed on your visa**
- Employer provides **free approved housing. (Adverse compensation adjustment may be applied).**
- Wages are set by the U.S. government (AEWR)
- Workers' compensation is provided for work-related injuries
- Workers are responsible for food and personal expenses

TYPES OF JOBS

Typical roles include:

- Crop farming and harvesting
- Livestock care (cattle, pigs, poultry, dairy)
- Equipment operation and maintenance
- Irrigation and general farm work
- Mechanical and maintenance support

PROCESS OVERVIEW

1. Submit application and required documents
2. Background verification is conducted
3. Employer selects candidate
4. Interview may be conducted if required
5. Job offer issued and contract signed
6. Visa process begins after DOL and USCIS approvals
7. Travel arrangements are coordinated and approved by employer
8. Arrival and onboarding with employer

TRAVEL & REIMBURSEMENT

- Travel must be coordinated and approved in advance
- You may book your own travel, subject to employer approval
- Reimbursement is based on the **most reasonable fare**

Standard structure:

- 50% reimbursed at midpoint of contract
- 50% reimbursed upon successful completion

Failure to complete the contract may result in loss of reimbursement.

HOUSING

- Housing is provided **free of charge** under H-2A regulations, (**Adverse compensation adjustment may be applied**)
- Housing must meet U.S. labor standards
- Workers are responsible for maintaining accommodation
- Report any issues immediately

PAY & WORK STRUCTURE

- Wages vary by state and job type
- Paid hourly (no overtime requirement under H-2A)
- Full wage details are provided in your job offer

IMPORTANT RULES

- You may only work for the employer listed on your visa
- You must complete your contract as agreed
- You must depart the United States within **10 days** after contract completion
- Failure to comply may affect future visa eligibility
- Always keep your passport and documents secure

SOCIAL SECURITY

You may apply for a U.S. Social Security Number after arrival.

This is required for legal employment and is restricted to authorized work only.

HOW TO GET YOUR I-94 AFTER ARRIVING IN THE US (NEEDED TO GET SOCIAL SECURITY CARD)

After you arrive in the United States, you must download your **I-94 Arrival/Departure Record**. You will need this document when applying for your **Social Security card**.

Step 1: Wait After Arrival

Wait at least **24 hours after entering the U.S.** before checking your I-94 online. Sometimes the record does not appear immediately.

Step 2: Go to the Official I-94 Website

Go to the official U.S. Customs and Border Protection website:

<https://i94.cbp.dhs.gov>

Select:

“Get Most Recent I-94”

CBP provides the I-94 as the official arrival/departure record for noncitizens admitted to the United States. ([USCIS](#))

Step 3: Enter Your Information

Enter your details exactly as shown on your passport:

- First/given name
- Last/family name
- Date of birth
- Passport number
- Country of passport issuance

Be very careful. Even one small spelling or spacing difference may prevent the record from showing.

Step 4: Download and Save

Once your I-94 appears:

- Download it
- Save a copy on your phone
- Print a copy if possible
- Check that your name, passport number, date of entry, and visa class are correct

Step 5: Use I-94 for Social Security Application

To apply for a Social Security number, take your documents to the Social Security office. SSA says noncitizens must prove identity and work-authorized immigration status, and acceptable documents include an unexpired foreign passport and Form I-94. ([Social Security](#))

Bring:

- Passport
- Visa
- I-94
- Job offer/contract if available
- Any other documents requested by the Social Security office

Important

Do **not** pay anyone to get your I-94. It is free from the official CBP website.

If your I-94 is incorrect or cannot be found, notify Work Abroad Network immediately.

SUPPORT & COMMUNICATION

Maintain regular communication with Work Abroad Network Corporation throughout the process and during employment.

Early communication allows us to resolve any issues quickly and effectively.

KEY EXPECTATIONS

- Be honest about your skills and experience
- Be prepared for physically demanding work
- Respect your employer, contract, and U.S. laws
- Communicate early if problems arise

FEES

- No registration fees
- No placement fees
- Visa and travel costs are reimbursed according to H-2A program rules

CONTACT INFORMATION

Work Abroad Network Corporation

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FINAL NOTE

This program provides a legitimate opportunity to work in the United States under strict federal regulations. Success depends on honesty, work ethic, and full compliance with program rules.



H2A PROGRAM DISCLOSURES

The purpose of this H2A Worker Disclosure Form is to confirm pertinent facts with regards to your placement in order to facilitate and streamline successful placement and to ensure you fully understand the program and what is expected of you as well as what you can expect from us as your Agent and what you can expect from your H2A Employer. If there is anything on this document that you do not understand, clarify it before you sign.

Full Name (Last, First, Middle Name and Nick Name)

DOB

Disclosure Statement

Initial

☐ I confirm I have sufficient funds to cover the visa application fee (approx. \$205) and passport delivery (approx. \$25 if applicable), which my US employer will reimburse shortly after my arrival.

☐ I have funds available to cover my airfare to the US (ranging from and fix cost of tickets to \$2000 and \$3000, depending on the season). I understand my total airfare will be reimbursed as outlined in my job contract (ETA 790 Disclosures).

☐ As a first-year worker with Work Abroad Network, I agree to obtain police and medical clearance before departing South Africa.

☐ I confirm that I have read (or will read) all provided information, including the job offer, contract details, and program information.

☐ Due to H2A Program changes with regards to wages, wages may be less than previous year, checking this box affirms you understand new rules and have discussed and clarified with your employer what your wages will be

☐ I possess ALL the skills & experience listed, I am fully capable of performing the duties & responsibilities of the position I have been offered & hired for. Misrepresentation will result in termination w/o reimbursement.

☐ I declare that I have NEVER been charged with a DUI in the United States. (If you have, disclose this info immediately as additional steps are needed. Approval is not guaranteed. All expenses are yours until approved

☐ I will comply with my employer's drug policy and be terminated for a positive result, returning home at my own expense.

☐ I declare that I am not suffering from any chronic illnesses or disabilities and am physically fit for hard labor.

☐ I have been advised to secure international health insurance before departing, as I am responsible for my own medical expenses. Neither Work Abroad Network nor my employer is liable for non-work-related issues.

☐ I agree to work until the end of my contract, as stated in my employment agreement and visa. Violating this agreement will result in visa cancellation and termination from the program and future placements.

☐ I agree not to use Work Abroad Network Corporation or my US Employer to enter the US and immediately transfer to another company.

☐ I declare that I am fully responsible for all expenses related to illegal behavior and understand that violating U.S. laws may result in deportation, with arrest or legal violations leading to termination of my job and visa.

☐ I understand that violation of U.S. Laws may result in deportation proceedings and if I am arrested or violate any laws, this will lead to termination of my job and my visa.

☐ I agree to return home when my contract ends and my visa expires, unless legally transferred to another job.

☐ I will send a copy of my visa to Work Abroad Network immediately after receiving my passport from the Consulate.

☐ I agree not to book travel without approval from my employer and Work Abroad Network. Unauthorized tickets may require cancellation at my expense. Travel costs must be approved by my employer, and the employer will only reimburse the cheapest option.

☐ I have thoroughly considered all my options and affirm my commitment to this contract. If my circumstances change or I receive another job offer through a different agency, making me unable to fulfill my job contract, I will immediately notify Work Abroad Network and my Employer directly.

☐ I If first time applicant vs returning worker, I understand that I have to immediately apply for Police Clearance and have provided the Medical Form completed by my physician

Name: _____ Signature: _____ Date: _____



H2A JOB APPLICATION FORM

Complete this application form thoroughly and accurately. Your ability to follow instructions, provide detailed information, and communicate effectively will be assessed as part of your suitability for working abroad. Any false information on this form will result in immediate termination by the employer.

PERSONAL INFORMATION			
Last Name	Middle Name	First Name	
Date of Birth	City of Birth	Age	
Gender		Marital Status	
English Speaking and Listening Skills		☐ Excellent ☐ Good ☐ Fair ☐ Poor	
English Reading and Writing		☐ Excellent ☐ Good ☐ Fair ☐ Poor	

ABOUT MYSELF				
Introduce yourself to a potential future employer. Highlight your farming experience, explain your motivation for wanting to work in the United States, and emphasize the skills and qualities that distinguish you from other candidates being considered.				
Do you have a USA Social Security Number? ☐ Yes ☐ No (If yes, list Social Security Number)				
Current Address	Street	City	State	ZIP
Mobile Phone		Email Address		
Have you been to the USA before?				☐ Yes ☐ No
Have you worked in the USA before? (If yes, provide details in the Work Experience and Reference section)				☐ Yes ☐ No
Height (in m or inches)		Weight (kg, lbs)		
Are you in good physical condition to do hard physical labor?				☐ Yes ☐ No
Do you have any deformity, handicap, physical abnormality or defect?				☐ Yes ☐ No
Are you currently suffering or have you ever suffered from any of the following illnesses or disorders?				
☐ Vision Problems		☐ Hearing Problems		☐ High Blood Pressure
☐ Blood Vessels or Circulatory Disorder		☐ Any Respiratory or Lung trouble		☐ Any Digestive System
☐ Gall Bladder or Liver disorders		☐ Allergy, asthma, sinusitis, hay-fever, etc.		☐ Diabetes
Do you use any chronic medication?				☐ Yes ☐ No
Do you smoke?				☐ Yes ☐ No
Do you drink alcohol?				☐ Yes ☐ No
Do you have drug addictions?				☐ Yes ☐ No
Do you suffer from any nervous conditions, mental conditions, epilepsy, blackouts, paralysis, anxiety or depression?				☐ Yes ☐ No
Have you been charged with any traffic violations or driving while intoxicated?				☐ Yes ☐ No

Do you have any criminal offenses?		☐ Yes ☐ No
Have you ever been issued a driver's license?		☐ Yes ☐ No
If yes to the above questions, please explain		
If Yes, Driver's License Number.	Where was issued?	
License Type	Expiration Date	
Have you ever been issued a U.S. Driver's license?		☐ Yes ☐ No
If Yes, Driver's License Number.	Where was it issued?	
License Type	Expiration Date	

EDUCATION

Obtained National Senior Certificate	☐ Yes ☐ No
Obtained National Senior Certificate or High School Diploma	☐ Yes ☐ No
List College with List Degrees Obtained	

SKILLS & EXPERIENCE

GENERAL FARMING RELATED SKILLS & EXPERIENCE

MECHANICAL EXPERIENCE

- | | | |
|---|--|---|
| ☐ Maintain Combine | ☐ Maintain Large Field Tractors | ☐ Maintain Pick Up |
| ☐ Remove Tires from Rim and Repair | ☐ Green and Red Diesel Types | ☐ Operate Grease Gun |

BUILDING SKILLS

- | | | | | |
|--------------------------------------|--------------------------------|--|--------------------------------------|-----------------------------------|
| ☐ Brick Walls | ☐ Barns | ☐ Casting Foundations | ☐ Landscaping | ☐ Painting |
|--------------------------------------|--------------------------------|--|--------------------------------------|-----------------------------------|

QUALIFIED TRADESMAN ONLY

- | | | | | |
|------------------------------------|----------------------------------|--------------------------------------|--|--|
| ☐ Carpenter | ☐ Plumber | ☐ Electrician | ☐ Diesel Mechanic | ☐ Petrol Mechanic |
|------------------------------------|----------------------------------|--------------------------------------|--|--|

REPAIR OF SMALL ENGINES

- | | | | |
|--|---|---|--|
| ☐ Lawn Mower Repair | ☐ Generator Repair | ☐ Motor cycle repair | ☐ Four Wheeler (Quad Bike) Repair |
|--|---|---|--|

REPAIR PUMPS

- | | | |
|---|------------------------------------|---|
| ☐ Submersible Pump | ☐ Mono Pump | ☐ Centrifugal Pump |
|---|------------------------------------|---|

DIESEL MECHANIC

- | | | | |
|--|---|---|--|
| ☐ Overhaul Diesel Engines | ☐ Repair Combine | ☐ Repair Gas Engines | ☐ Repair Large Field Tractors |
|--|---|---|--|

WELDING EXPERIENCE

- | | | |
|--------------------------------------|--------------------------------------|---|
| ☐ Arc Welding | ☐ Gas Welding | ☐ Plasma Welding |
|--------------------------------------|--------------------------------------|---|

List months/years experience

- | | | | | |
|---------|---------------------------------------|---------------------------------------|--------------------------------|--------------------------------|
| FENCING | ☐ Diamond Mesh | ☐ Chicken mesh | ☐ Steel | ☐ other |
|---------|---------------------------------------|---------------------------------------|--------------------------------|--------------------------------|

List months/years experience

Describe duties related to general farming items checked

LIVESTOCK FARMING

CATTLE

- | | | | |
|--|-----------------------------------|---|-------------------------------------|
| ☐ Angus (Black and Red) | ☐ Hereford | ☐ Charolais | ☐ Simmental |
| ☐ Limousin | ☐ Brahman | ☐ Texas Longhorn | ☐ Beefmaster |

List months/years experience

CATTLE FEEDLOTS

- | | | | | |
|---|--|---|--|---|
| ☐ Dry cow feed program | ☐ Feed Calves | ☐ Feed Cows | ☐ Forage Preservation | ☐ Administer Basic Shots |
| ☐ Castration | ☐ Dehorning | ☐ Deliver Breached Calve | ☐ Detect Milk Fever | ☐ Detect Twisted Stomach |
| ☐ De-worming | ☐ Trim Cow's Hooves | ☐ Use Calf Jack | ☐ Use a Balling Gun | ☐ Uterine Infusion |

List months/years experience

BREEDING CATTLE

- | | | | |
|--|---|---|--|
| ☐ Pregnancy/Gestation Testing | ☐ Heat Synchronization | ☐ Select Mating for Cows | ☐ Maintain Daily Logs |
| ☐ Organize Herd Records | | | |

MISCELLANEOUS CATTLE RELATED CHORES

- | | | | | |
|--|--|---|---|--|
| ☐ Freese Brand | ☐ Hotbrand | ☐ Prep Cattle for Show | ☐ Calibrate Mix Mill | ☐ Automatic Feed Bunk |
| ☐ Computer Feeder | ☐ Grinder Mixer | ☐ Run TMR Mixer | ☐ Operate Conveyers | ☐ Service Conveyers |

List months/years experience		
DAIRY SKILLS		
☐ Change Inflatons	☐ Clipping Udder	☐ Diagnose and Treat Mastitis
☐ Milk Herd Housing	☐ Milk in Parlor	☐ Milk in Stall Barns
☐ Stanchions	☐ Take Sterile Samples	☐ Torch Udder
☐ Maintenance of Fences	☐ Digging Trenches using a Bobcat	☐ Dry Cow Housing
		☐ Parlor Practices
		☐ Construction of Wire Fences
List months/years experience		
DAIRY BREEDS		
☐ Holstein	☐ Jersey	☐ Guernsey
☐ Brown Swiss	☐ Ayrshire	☐ Milking Shorthorn
List months/years experience		
SWINE (PIGS)		
☐ Yorkshire	☐ Duroc	☐ Berkshire
☐ Hampshire	☐ Landrace	☐ Chester White
☐ Poland China	☐ Spotted Pig	
List months/years experience		
SHEEP		
☐ Suffolk	☐ Dorset	☐ Hampshire
☐ Rambouillet	☐ Katahdin	☐ Dorper
☐ Merino	☐ Shropshire	☐ Southdown
List months/years experience		
GOATS		
☐ Boer	☐ Kiko	☐ Spanish Goat
☐ Nubian	☐ Alpine	☐ Saanen
☐ Dairy Goats	☐ Toggenburg	☐ LaMancha
List months/years experience		
POULTRY		
☐ Chickens: Layers:	☐ Leghorn	☐ Rhode Island Red
☐ Plymouth Rock	☐ Broilers:	☐ Cornish Cross
☐ White Rock		
List months/years experience		
TURKEYS		
☐ Broad Breasted White	☐ Heritage Breeds (e.g., Bourbon Red, Narragansett)	
List months/years experience		
DUCKS		
☐ Pekin	☐ Muscovy	☐ Khaki Campbell
List months/years experience		
EQUINE (HORSES)		
☐ Quarter Horse	☐ Thoroughbred	☐ Arabian
☐ Clydesdale	☐ Appaloosa	
List months/years experience		
OTHER LIVESTOCK		
☐ Bison	☐ Alpacas/Llamas	☐ Rabbits
☐ Bees		
List months/years experience		
Describe duties related to livestock checked above		
CROP RELATED SKILLS & EXPERIENCE		
CROP FARMING (List types of crops you have experience with and the duties you are proficient in relating to these crops)		
☐ Wheat	☐ Corn	☐ Beans
☐ Sunflowers	☐ Potatoes	☐ Cash Crops
☐ Silage, etc.		
DUTIES RELATED TO CHECKED CROPS:		
☐ Planting	☐ Tillage	☐ Cultivating Equipment
☐ ATV 4 Wheeler with Spot Sprayer	☐ Driving a self propelled crop sprayer	
IRRIGATION FARMING		
(Please check type of irrigation you have experience with and list duties you have performed related to irrigation)		
☐ Drip	☐ Center Pivot	☐ Sprinkler Irrigation
☐ Flood Irrigation	☐ Furrow Irrigation	☐ Manual Irrigation
TRACTORS		
Describe how you've used the equipment and your experience with maintenance and troubleshooting.		
Make	Model	List months/years experience
Describe duties related to Crop related skills checked		

CROP RELATED EQUIPMENT

- | | | | | |
|---|---------------------------------------|--|--------------------------------------|--|
| ☐ Articulating Tractor | ☐ Combine | ☐ Combine setting | ☐ Grain Cart | ☐ Field Cultivator |
| ☐ Chisel Plow | ☐ Disc | ☐ Harrow | ☐ Land Roller | ☐ Moldboard Plow |
| ☐ Stone Picker | ☐ Swather | ☐ Sickle Mower | ☐ Wheel Rake | ☐ Windrower (25 foot pull type) |
| ☐ Silage Blower | ☐ Silage Wagon | ☐ Square Baler | ☐ Stack Maker | ☐ Air Drill |

HARVESTING

- ☐
- Haymaking
- ☐
- Silage
- ☐
- Baling Equipment

Describe how you've used the equipment and your experience with maintenance and troubleshooting

Make	Model	List months/years experience

SPRAYING EQUIPMENT

Describe how you've used the equipment and your experience with maintenance and troubleshooting

Make	Model	List months/years experience

TRUCK DRIVING EXPERIENCE

Describe how you've used the equipment and your experience with maintenance and troubleshooting.

Make	Model	List months/years experience

Transmission Type:	☐ Automatic ☐ Manual – Clutch ☐ Manual - Clutchless
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Speed:	☐ 9 Speed ☐ 10 Speed ☐ 13 Speed ☐ 18 Speed
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Check all types of trucks you have operated and are proficient in operating

- ☐
- Pickup Truck
- ☐
- Box/Straight Truck
- ☐
- Semi-Trailer Truck

COMPUTERIZED INSTRUMENT PANEL/S

Make	Model	List months/years experience

DUTIES RELATED TO CHECKED CROPS

- ☐
- Mixing Spray Chemicals
- ☐
- Spray Chemicals

MANURE EQUIPMENT

Check manure equipment you have experience and list duties you have performed relating to working with manure.

- | | | | |
|---|--|---|--|
| ☐ Barn Cleaner | ☐ Chopper Pump | ☐ Flush System | ☐ Liquid Spreader |
| ☐ Loader Tractor | ☐ Skid Steer Loader | ☐ Solid Spreader | |

Earth Moving Equipment

Make	Model	List months/years experience

List duties related to checked earth moving equipment

DRIVING SKILLS

- | | | |
|--|---|---|
| ☐ Drive a Pick Up | ☐ Drive a 1 Tonne Vehicle cb | ☐ Drive a 2 Tonne Vehicle |
| ☐ Drive a Semi Truck and Trailer | ☐ Drive an Automatic Vehicle | ☐ Drive a Vehicle Towing a Trailer House |
| ☐ Can use a two way radio | ☐ Operate a Fork Lift | ☐ GPS Autosteer |
| ☐ Know North from South and can Find Direction without road signs | ☐ Drive a 10 Wheeler | |

List duties related to checked Driving Skills

WORK EXPERIENCE AND REFERENCE**EMPLOYER #1**

Contact Person or Supervisor Responsible for providing Reference

Telephone Number	Email Address
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Street Address	City	State/Province	Postal/Zip Code
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Starting Date	End Date	Job Title
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Detail Duties Performed

EMPLOYER #2

Contact Person or Supervisor Responsible for providing Reference			
Telephone Number		Email Address	
Street Address	City	State/Province	Postal/Zip Code
Starting Date	End Date	Job Title	
Detail Duties Performed			

EMPLOYER #3

Contact Person or Supervisor Responsible for providing Reference			
Telephone Number		Email Address	
Street Address	City	State/Province	Postal/Zip Code
Starting Date	End Date	Job Title	
Detail Duties Performed			

EMPLOYER #4

Contact Person or Supervisor Responsible for providing Reference			
Telephone Number		Email Address	
Street Address	City	State/Province	Postal/Zip Code
Starting Date	End Date	Job Title	
Detail Duties Performed			

EMPLOYER #5

Contact Person or Supervisor Responsible for providing Reference			
Telephone Number		Email Address	
Street Address	City	State/Province	Postal/Zip Code
Starting Date	End Date	Job Title	
Detail Duties Performed			

Have you submitted an application with any other employment agencies in our industry?	☐ Yes ☐ No
If yes, will you promptly inform Work Abroad Network and your U.S. employer if you become unavailable?	☐ Yes ☐ No
If yes, provide name of the Agency.	

EMERGENCY CONTACT INFORMATION

Name of Emergency Contact	Relationship
Phone Number	Email Address

DECLARATION

☐ I certify that all information provided in this job application is true and accurate. I acknowledge that Work Abroad Network and its agents are not responsible for any discrepancies. By signing, I take full responsibility for any false or misleading information, which may lead to immediate termination by the employer.

Name _____ Signature _____ Date _____



FITNESS FOR EMPLOYMENT MEDICAL ASSESSMENT

(To be completed by a licensed Medical Practitioner)

Section 1: Worker Information

Full Name:		Date of Birth:	
Passport Number:			
Position/Job Title:	Agricultural Worker (Heavy Labor)	Recruitment Agency:	Work Abroad Network Corporation

Section 2: Medical History (to be completed by GP)

Please indicate if the worker currently has, or has a history of, any of the following conditions:

Condition	Yes/No	Comments
Heart disease, high blood pressure, or circulatory disorders	☐ Yes ☐ No	
Respiratory conditions (asthma, TB, COPD)	☐ Yes ☐ No	
Diabetes or other endocrine disorders	☐ Yes ☐ No	
Epilepsy, seizures, fainting spells	☐ Yes ☐ No	
Back injuries, joint issues, arthritis	☐ Yes ☐ No	
Visual or hearing impairments not corrected by glasses/hearing aids	☐ Yes ☐ No	
Psychiatric conditions (depression, anxiety, bipolar disorder, etc.)	☐ Yes ☐ No	
Allergies (medications, insect bites, chemicals)	☐ Yes ☐ No	
Substance or alcohol dependency	☐ Yes ☐ No	
Past surgeries or hospitalizations (last 5 years)	☐ Yes ☐ No	
Any chronic illnesses not listed above	☐ Yes ☐ No	

If "Yes" to any, please provide details:

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Section 3: Physical Examination

Height	cm	Weight	kg
Blood Pressure	mmHg	Pulse	bpm
General Appearance:	☐ Fit ☐ Not Fit	Vision:	☐ Normal ☐ Corrected ☐ Impaired
Hearing:	☐ Normal ☐ Impaired	Respiratory:	☐ Normal ☐ Abnormal
Cardiovascular:	☐ Normal ☐ Abnormal	Neurological:	☐ Normal ☐ Abnormal
Musculoskeletal:	☐ Normal ☐ Abnormal	Skin (for infectious conditions):	☐ Clear ☐ Concerns

Section 4: Mental & Emotional Fitness

Remote agricultural work can involve:

- ☒ Living in isolated rural environments for extended periods
- ☒ Limited social contact outside of the work crew
- ☒ Long working hours in challenging conditions

In your professional opinion, does the worker:

- ☐ Show no signs of untreated mental illness that would affect job performance?
- ☐ Appear emotionally stable to handle isolation and remote work?
- ☐ Require ongoing mental health treatment or monitoring? (If yes, please explain):

Would you consider the worker:

- ☐ MENTALLY FIT for remote agricultural employment
- ☐ MENTALLY FIT WITH SUPPORT NEEDS (please specify):

- ☐ NOT MENTALLY FIT for remote agricultural employment

Section 5: Fitness for Hard Agricultural Labor

The nature of work may include:

- ☒ Long hours in hot or cold environments
- ☒ Heavy lifting, bending, stooping, repetitive tasks
- ☒ Operation of farm machinery
- ☒ Exposure to dust, pollen, and farm chemicals

In your professional opinion, is the worker:

- ☐ FIT for all required duties without restriction
- ☐ FIT WITH RESTRICTIONS (please specify):

- ☐ NOT FIT for agricultural labor

Section 6: Physician Certification

I certify that I have examined the above-named individual and provided an honest assessment of their physical and mental fitness for employment involving heavy agricultural work in the United States.

Physician Name:

Practice Name & Address:

Telephone:

Email:

Medical Council Registration #:

Signature
& Stamp:

Date:



WAN H2A FARM JOB APPLICATION FULL LENGTH PICTURE INSTRUCTIONS

A picture is worth a thousand words your photo is the first impression you give to an employer. It shows your readiness, professionalism, and suitability for physical work. Take it seriously and follow these steps:

How to Take the Right Photo

- **Full-Length View:** Stand up straight with your full body visible in the photo—from head to toe.
- **Face the Camera:** Look directly at the camera. Do not turn your body or head to the side.
- **Simple Background:** Use a clean, uncluttered background—ideally a plain wall or open outdoor space.
- **Dress for the Job:** Wear clean, work-appropriate clothing (jeans, work boots, plain T-shirt). No flip-flops, flashy clothes, or logos.
- **Good Lighting:** Use natural daylight if possible. Make sure your face and body are clearly visible with no harsh shadows.
- **Neutral Posture:** Stand naturally with your arms relaxed at your sides. No crossed arms or dramatic poses.
- **Show Physical Readiness:** You don't need to flex or pose, but your posture should show you're healthy and able-bodied.
- **No Distractions:** Remove hats, sunglasses, or accessories that cover your face or body.
- **High-Quality Image:** Use a good camera or smartphone. The image must be clear—not blurry, dark, or pixelated.
- **Portrait Orientation:** Hold the camera vertically so your full height fits in the frame.

Reminder: This photo is part of your application. Employers use it to quickly assess your presentation and readiness for physical work. A clean, respectful, and well-taken photo can make a strong first impression. Don't submit an old photo, you have to take a fresh current photo to apply.